

# E-ACT IDEAS

## CONFERENCE

## Mental health in schools Where next?

Thursday 7 October 2021

In partnership with **tes**



@EducationEACT



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www.e-act.org.uk



020 3176 3882



E-ACT  
Unit 12.2.2 The Leather Market  
11-13 Weston Street  
London SE1 3ER

9.30am-9.45am

Where next? Keeping the conversation going...

**Jane Millward** Chief Executive, E-ACT  
**Dominic Herrington** National Schools Commissioner, Department for Education

9.45am-10.30am

Looking to the future - how we plan to continue building wellbeing through policy

**Matthew Hopkinson**  
Policy Lead for Children & Young People's Mental Health, Department for Education

10.30am-11.15am

How to put together a whole-school wellbeing programme

**Alison Quinn**  
National Mental Health Lead, E-ACT

11.15am-11.30am

Break

11.30am-12.15pm

Lessons in happiness

**Sir Anthony Seldon**  
Former Head Master of Brighton College, Wellington College and Vice Chancellor of University of Buckingham

12.15pm-1.00pm

Making mindfulness work in any school

**Professor Willem Kuyken**  
Director of Oxford University Mindfulness Centre and Ritblat Professor of Mindfulness and Psychological Science

1.00pm-1.45pm

Lunch

1.45pm-2.15pm

Building happy school staff

**Jaime Smith**  
Director for the Mental Health and Wellbeing in Schools Programme, Anna Freud Centre

2.15pm-2.45pm

What can we learn about staff wellbeing from other sectors?

**Janet Leighton**  
Director of Happiness, Timpson retailer

2.45pm-3.15pm

Wellbeing and capitalising on non-structured time in the school day

**Professor Helen Dodd**  
Professor of Child Psychology, University of Exeter

3.15pm-3.45pm

Putting it all into practice in the 16th most deprived ward in the country

**Leanne Mahoney**  
Regional Education Director, E-ACT

3.45pm-4.00pm

Our (not so) final thoughts...

**Jane Millward** Chief Executive, E-ACT  
**Jon Severs** Editor, Tes