

# E-ACT IDEAS

CONFERENCE

In partnership with **tes**

## Mental health in schools Where next?

Thursday 7 October 2021

9.30am-9.45am

Where next? Keeping the conversation going...

**Jane Millward** Chief Executive, E-ACT  
**Dominic Herrington** National Schools Commissioner, Department for Education

9.45am-10.30am

Making mindfulness work in any school

**Jon Severs**, Editor of *Tes* in conversation with  
**Professor Willem Kuyken**

Director of Oxford University Mindfulness Centre and Ritblat Professor of Mindfulness and Psychological Science

10.30am-11.15am

How to put together a whole-school wellbeing programme

**Alison Quinn**  
National Mental Health Lead, E-ACT

11.15am-11.30am

Break

11.30am-12.10pm

Lessons in happiness

**Sir Anthony Seldon**  
Former Head Master of Brighton College, Wellington College and Vice Chancellor of University of Buckingham

12.10pm-12.50pm

Looking to the future - how we plan to continue building wellbeing through policy

**Matthew Hopkinson**  
Policy Lead for Children & Young People's Mental Health, Department for Education

12.50pm-1.30pm

Lunch

1.30pm-2.10pm

Prioritising staff wellbeing

**Jaime Smith**  
Director for the Mental Health and Wellbeing in Schools Programme, Anna Freud Centre

2.10pm-2.50pm

Capitalising on non-structured time in the school day to improve wellbeing

**Professor Helen Dodd**  
Professor of Child Psychology, University of Exeter

2.50pm-3.30pm

Putting it all into practice in the 16th most deprived ward in the country

**Leanne Mahoney**  
Regional Education Director, E-ACT

3.30pm-3.35pm

Our (not so) final thoughts...

**Jane Millward** Chief Executive, E-ACT  
**Jon Severs** Editor, Tes