

# E-ACT IDEAS

CONFERENCE

In partnership with **tes**

## An Ideas conference

Making mental health part of our everyday conversations

Thursday 10 February 2022

9.30am-9.45am

Keeping the conversation going...

**Tom Campbell**

Interim Chief Executive, E-ACT

9.45am-10.15am

Why we should always begin by talking about emotional health

**Kate Silverton**

Journalist, broadcaster and children's mental health advocate

10.15am-11.00am

Trusting and learning: nurturing relationships and the sense of belonging

**Professor Peter Fonagy, Chief Executive of the Anna Freud Centre** In conversation with **Jon Severs, Editor of Tes**

11.00am-11.15am

Break

11.15am-11.55am

How schools can take the lead in addressing racial disparities in mental health

**Dr Jacqui Dyer MBE**

President, Mental Health Foundation

11.55am-12.35pm

Absenteeism, exclusion and poor mental health

**Dr Tamsin Ford CBE**

Professor of Child and Adolescent Psychiatry, University of Cambridge

12.35pm-1.15pm

Where are our minds at?

The current state of staff wellbeing

**Simon Lock, Senior Editor of Tes** in conversation with **Lakmini Harkus, Headteacher of E-ACT Greenfield Academy**

1.15pm-1.45pm

Lunch

1.45pm-2.15pm

Why we must talk openly about suicide (and other mental health crisis)

In conversation with **Jonny Benjamin MBE, mental health campaigner and founder of mental health charity Beyond**

2.15pm-2.45pm

Parenting special children – supporting parents of children with special needs

**Professor Claire Hughes**

Deputy Head for the Psychology Department, University of Cambridge

2.45pm-3.30pm

Permission to feel – the power of emotional intelligence to achieve wellbeing and success in school and life

**Marc Brackett**

Founding Director of the Yale University Center for Emotional Intelligence

3.30pm-4.00pm

A whole school approach to emotional wellbeing and early intervention

**Emma Martin**

Educational Psychologist, E-ACT